

MOJO FITNESS
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MOJO FITNESS WAIVER, RELEASE OF LIABILITY AND POLICY FORM

The services provided by Mojo Fitness Corporation are based upon scientific principles and knowledge that are constantly being changed and updated. I have been informed, understand, and am aware that physical fitness training including, but not limited to strength, flexibility, and cardiovascular exercise, including the use of equipment, are potentially hazardous activities and can involve the risk of serious injury. I am voluntarily participating in these activities, using the equipment and machinery, with full knowledge, understanding and appreciation of the dangers involved. I agree to expressly assume and accept any and all risks of injury resulting from my participation in these activities. I hereby certify that I am fit to participate in any and all such activities and that such determination has been made by a qualified medical professional. I acknowledge that my enrolment and participation in any Mojo Fitness services is purely voluntary.

Please Initial: _____

In consideration of my participation in any Mojo Fitness services I hereby release, waive, discharge and agree to indemnify and hold harmless Mojo Fitness Corporation and its trainers, coaches, managers, directors, employees, agents, successors, officers, affiliates and assigns, as well as the owners, staff and operators of any facilities used by Mojo Fitness from any liability of claims, demands and causes of action I may have for any lost profits, lost time, damages, injury and expenses, disability including any claim based on negligence and breach of contract, personal injury or death as a result of my voluntary participation and enrolment in any Mojo Fitness services.

Please Initial: _____

I understand that during a Fitcamp program or fitness training session, my trainer may have to use Touch Training to correct alignment and/or to focus my concentration on a particular muscle area to be targeted. If I feel at all uncomfortable or experience any type of discomfort with the usage of touch, I will immediately request that my trainer discontinue using Touch Training.

Please Initial: _____

I understand that there is a no refund policy in respect of my enrolment in all Mojo Fitness services, but I may receive a credit (for any unused sessions of personal training or fitcamps) toward Mojo Fitness services if I am unable to complete the service I joined up for. Personal training sessions that need to be cancelled require 24 hours notice. Failure to do so will forfeit the entire cost of the session to Mojo Fitness. I agree to pay a \$40 NSF fee charged in the event of a returned cheque.

Please Initial: _____

I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent my participation or use of equipment or machinery except as herein stated. I have read and fully understand the above waiver, release from liability and Mojo Fitness policies and I agree to abide by the terms and conditions set forth therein.

Applicant signature _____ Print name _____

“DISCOVER YOUR MOJO”